

**August 24, 2022**

The Lord wants you to experience real and abundant life:

***Ps. 61:2-4 From the ends of the earth I call to You, I call as my heart grows faint; lead me to the rock that is higher than I. For You have been my refuge, a strong tower against the foe. I long to dwell in Your tent forever and take refuge in the shelter of Your wings. (NIV)***

There is no doubt in my mind that David walked with the LORD. The first king of Israel, Saul, did not seek the LORD. He sought his own selfish desires. Because of this, the LORD spoke to him through the prophet Samuel in **1 Sam. 13:14** ***But now your kingdom will not endure; the LORD has sought out a man after his own heart and appointed him ruler of His people, because you have not kept the LORD's command. (NIV)***

A man after God's own heart. Wouldn't you like that to be said about you? It can be. Even though David was a young boy when God called him, he continued to seek the LORD in all of his ways. He especially did this when Saul was chasing him to try and take his life. David hid in caves and continued to call upon the LORD. David cries out to the LORD and says: ***lead me to the rock that is higher than I.*** That rock is the LORD Himself. He is the one and only stable place. David calls upon the One Who is his refuge and strong tower. He knew that these were places of safety. He could rely upon them to keep him safe.

There is no greater comfort in our lives than to know that the LORD Almighty is our place of refuge and strength. He is our safe house. He is our hiding place. It is there that we can know that we are completely covered by the LORD's protection. It is the 'pocket' where the quarterback knows that he is protected from the defense. When we abide in Him, we realize that we are safe in His arms. You are covered and there is no better place to be!

**Dear LORD, thank You for Your safe place. Help us to remain in You and know we are covered by Your presence as we rest in Your loving arms. In Jesus Name, Amen**